

The Clayton Bay Chronicle



There could soon be a whole lot more of these around Clayton Bay. Perhaps not exactly like this but better :Southern Bell Frogs. Read more on page 5.



CLAYTON BAY CALENDAR 2019

Don't miss out on your copy of the Clayton Bay Calendar.
Grab your copy hot off the press on 3 November at Sails, from 5pm. Still only \$10.



2018 Australian Sailing Awards - Volunteer Award to Rob Edgar Clayton Bay Boat Club presented at the monthly Sunday lunch 30th September. (below)

Craig McPhee and Gill Berry, see page 18



Gloria Jones (second from left) receiving a Certificate of Honour from the Women's Industry Network for her commitment to the Australian Seafood Industry over the years.



Some spooky stuff going on in Clayton Bay for Halloween. Thanks to Natalie Perkins for organising a great time for the local children.

President's Corner



Forrest Gump said that life is like a box of chocolates. I am thinking that community is like a patchwork quilt. We all have our own strengths, abilities, beliefs and perspectives. We bring to this community diverse backgrounds, life experiences and aspirations in life. In the patchwork quilt it may seem that the colours and patterns may clash and cause disharmony, but somehow when you stand back a bit and look there is an alchemy and the differences lead to vibrancy and depth.

I was at a funeral yesterday of a young girl who had lived with a debilitating illness. I had not known her personally and was musing about the value of a life with such pain. I felt very humbled at the overwhelming love and gratitude that was expressed and I was solidly reminded of the value of every life, whatever the circumstances.

So although we have varied lives and experiences we all have worth and contribute to our community in so many different ways. I think three things are the threads that make our community strong—acknowledgement, communication and acceptance of difference. I might be a slow learner, but it feels like it takes a lifetime to nail these skills.

Ruth Ambrose

Diary Dates

November

- 1 **Bushfire season commences**
- 3 5pm Clayton Bay Calendar launch at Sails, complimentary nibbles available. Come and get your copy early. Still only \$10!
- 4 9.30am-12am Community Garden meet-up. See page 5 for more info
- 6 Melbourne Cup Lunch from 11am. Book at Sails on 8537 0177
- 18 9am CBNEG Walk'n'Talk— meet at Sails. See page 8 for more info

December

- 2 9.30am-12am Community Garden meet-up.
- 16 9am CBNEG Walk'n'Talk— meet at Sails
- 18 CFS Community Christmas BBQ at the CFS shed
- 24 7pm Christmas Carols at the CB Boat Club, see Facebook for details closer to the date

January

- 26 Australia Day Breakfast at the CB Boat Club. Come and join other members of the community for this event. Funds raised go to the CFS. After the breakfast there will be a Kite and Canoeing fun day for families.

*Photo credits for this edition: Leonie Henderson and Rosemary Argue.
If I've missed anyone, my sincerest apologies.*

DO YOU HAVE AN ARTICLE FOR THE CHRONICLE?

Humorous – Heartwarming – Unbelievable

Does someone or something you know deserve a bouquet or brick bat?

Email your articles to rargue@optusnet.com.au

or pass it onto one of the CBCA committee members.

All submissions published at the discretion of the Editor

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SAILS AT CLAYTON BAY



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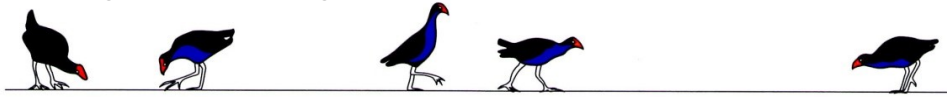
28 ISLAND VIEW DRIVE

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Clayton Bay Community Association at work for our Community



AGM

The AGM on 11 August was well attended by CBCA members. The financial report for 2017-18 year was proposed, seconded and passed, as were last year's minutes.

Some committee members decided not to stand again—Grant Madden, John Turner, Barbara Roszkowski and Helen Waghorn—and the committee thanks them for their contribution over the last twelve months.

New members were elected to the committee: Myra Hood, Rosemary Argue and Nancye Dalgarno, and Laurie Hepworth has returned after a break. Ruth Ambrose was elected President. Continuing members on the committee are Leonie Henderson, Pene Jeffries and Peter Lomman.

Frogs for Clayton Bay

After the formal proceedings, Peter Mirtschin and Regina Durbridge spoke about an exciting project to set up a breeding program for the endangered Southern Bell Frog.

Peter is making a significant donation to build a shed to house eggs and tadpoles and is currently waiting for approval from council. The shed will be located near the nursery on the Community Hall site.

Community members asked many questions, including why the tadpoles aren't going to be raised until they are frogs. The answer is that it is much harder to look after frogs (which eat live insects) than tadpoles (who are quite happy eating soggy lettuce, although they prefer algae).

Female Southern Bell Frogs lay 3,000-4,000 eggs each and if the mature tadpoles could be released into the wetlands around Clayton Bay the opportunity to build up the local population would be greatly enhanced.

You may be wondering why Peter (locally known as the snake man) is keen to get the frog population up. Interestingly, the number of tiger snakes is decreasing in the same areas where the numbers of Southern Bell Frogs are decreasing - and yes tiger snakes enjoy a meal of Southern Bell Frogs.

Peter is keen to hear from people who are interested in volunteering. Jobs will vary in how frequently they need to be performed and how long they will take. Contact Peter at peter@venomsupplies.com to find out more.



Ruth enjoying a frog cake made by Pam Waak at the AGM

Clayton Bay Community Garden

Clayton Bay has a community garden on the grounds of the Community Hall. A small community group has started to rejuvenate it and are looking for new members.

A number of working bees have been held over the past few months and it is already looking much better.

If you would like to grow veggies and have no soil (like many of us) this might be for you. Members can be part of the garden by contributing to the communal beds and orchard, having your own plot or both.

You're welcome to pop down and wander around. Some of the produce will be harvested and cooked for community events (eg last year's apricot crop was stewed and served at the Australia Day Breakfast). Be aware that some plots and the produce in them may belong to specific community members.

The group meets up 9.30am—12 noon on the first Sunday of the month. They also meet on Tuesdays from 9am—12 noon and have morning tea with the CBNEG over the fence. However, you can choose to work in the garden at any time. For more information contact Peter & Suzy phone 8537 0373, preferably after hours, or email Peter at pjbullock@optusnet.com.au.



Clayton Bay Earthworks

General earthworks, driveways, site laser leveling, trenching, block slashing, postholes to 600mm diameter, hydraulic rock breaker, tree and stump removal

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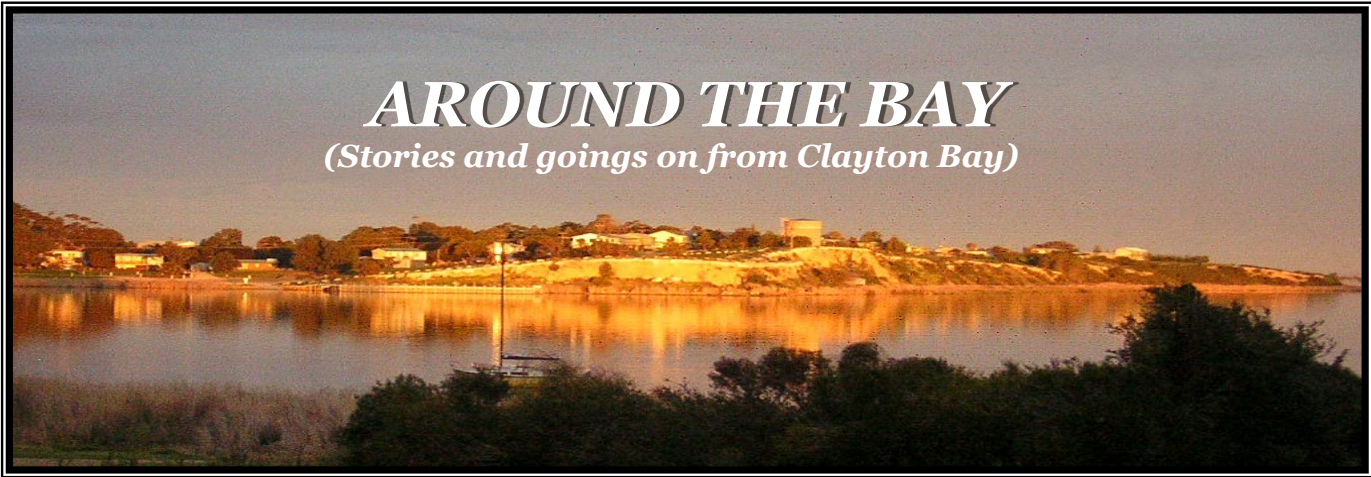
3 ton excavator with numerous attachments, bobcat, 35 hp tractor with industrial slasher, 4 ton tip truck, ditchwitch trenching machine.

Bulk soil, road base, gravel, and land fill supplies can be organized at competitive rates

Tim and Linda Roberts

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AROUND THE BAY

(Stories and goings on from Clayton Bay)

'Perhaps it's the Water'



60 people attended the opening of the second SALA exhibition at Clayton Bay on 18 August.

The opening was attended by Mayor Keith Parkes and the amazing local female vocal group *Heaven Knows*.

The exhibition was open over two weekend in August and well attended.

A variety of artworks including glassware, ceramics, mosaics, metalwork, knitting and crochet, painting, drawings etchings, knotwork and repurposed items were on display and for sale.

The exhibition showcased the talents of artists who either live in Clayton Bay or have strong ties to the town. See page 24 for pictures.

SA Tourism accolades

The beautiful Muntiri Lodge Eco Retreat is a finalist in the SA Tourism Awards. Named after the muntries (a wild fruit, also known as emu apples or bush cranberries), the Muntiri Heritage Area comprises over 76 Ha of native vegetation with more than 200 native species, with 64 recognised as having conservation significance.

The accommodation is a rammed earth, off-grid cottage which gives access to rare native plants and a variety of birdlife, kangaroos, rare hopping mice, lizards and echidnas.

Presentations are 9 November.



New signage around Clayton Bay

If you've wandered around Clayton Bay recently, especially around Dunn's lagoon and around the cliff top, you may have noticed a large number of new signs.

These signs are located around the walking trail and are part of the Master Plan that Alexandrina Council is committed to implementing.

They include information on the local history (older and newer), geology, water supply and the Millennial drought, fauna, local Aboriginal heritage and more besides.

They make very interesting reading if you're interested in finding out more about Clayton Bay.



FIRE DANGER SEASON

Murraylands (includes Clayton Bay)

1 November 2018 to 15th April 2019
(Subject to change depending on weather conditions)

CFS Bushfire Hotline 1300 362 361



www.communitywebs.org/cbneg

claytonbayneg@gmail.com

Phone: 0418 838 003



Like us on Facebook to keep up with our activities

Secretary	Marg Mundy
Treasurer	Con Boerma
Nursery Manager	Carole Richardson

Walk'n'Talk

CBNEG hold Walk'n'Talks each month, now on the 3rd Sunday of each month. Meet at Sails at 9am.

The September Walk'n'Talk took place at the Selwood's almost pristine block again (near Muntiri Lodge). Around 20 people turned out and the native orchids were amazing.

The most recent has just been on 21 October and it's 12 months ago that the first one was held!

The weather was perfect. It was a leisurely walk along the walking trail to see the progress of plantings and the changes that have occurred in the last year.

Despite a fairly dry winter and record low September rainfall the plants are looking good especially in the areas that have been recently whopper snipped by local CBNEG volunteers.

So popular is this monthly walk that three people travelled from Adelaide specifically to take part, returning after the walk while others stayed on for a coffee or milkshake at Sails.

See page 23 for photo.

Walking trail

Do you enjoy walking around the Point and to along Dunn's Lagoon?

Did you know that Alexandrina Council maintains the walking trail from the barbeque shelter to the lookout (where the water tower used to be) and the rest of the trail is maintained by local volunteers?

Grass cutting began in spring and continued through October—native grasses in the same areas are being left to seed then trimmed later.

Mulch, some of which was derived from the *Acacia saligna* project is being distributed to plants and pathway borders through October and early November.

Council sprayed for broadleaf weeds in early September and this has been very effective.

You may have noticed 'do not drive on reserve' signs on the reserve areas along Island View Drive. This is to prevent the transfer of problem weed seeds by vehicle tyres. Another major issue is the disposal of garden waste or lawn clippings onto these areas or over the cliff edge which also spreads weeds. Please place this in your green bin for Council collection.

Special Areas of Native Title

The boating destination and the Point area above and below the cliff have now become Special Areas of Native Title. Alexandrina Council is consulting with the Ngarrindjeri people about its management.

Handy Phone Numbers

Alexandrina Council	8555 7000
Ambulance/Fire/Police	000
CFS Hotline	1300 362 362
(for updates on bushfires)	
Police (Strathalbyn)	8536 2044
Police Attendance	13 14 44
Power Emergencies	13 13 66
SA Water Faults	1300 880 337
SES	13 25 00

Community tree planting at Point Sturt

On a cool windy Sunday 12 August, over 60 adults and children from three community groups gathered at the Point Sturt Landcare Reserve to plant 1000 trees and shrubs, all grown by the Clayton Bay Nursery. Gloria Jones's morning tea and the Milang Red Cross lunch kept everyone's spirits high.

The Reserve is being developed as a public walking trail and has recently become incorporated into the internationally recognised 'Ramsar Wetlands Area' for the global protection of migrating birds.

Mayo federal MP Rebekha Sharkie joined the groups to witness their work. Rebekha heard from several volunteers about the need for such regeneration work around the Lower Lakes as well as local concerns about proposed changes to the Murray Darling Basin Plan.

Ms Sharkie observed: *"It was fantastic to see so many volunteers come together and plant 1000 trees on a Sunday morning. The work was done by the Friends Group, the Clayton Bay Nursery and Environment Group, and the Strathalbyn Cubs and Scouts."*

On the following Monday, a group from the Raukkan community also planted 1000 plants on the Reserve.

This Reserve development was initiated in 2011 by the Point Sturt & District Landcare Group, Goolwa to Wellington Local Action Planning Association and the Alexandrina Council in collaboration with the Ngarrindjeri Regional Authority and the Coorong, Lower Lakes & Murray Mouth Recovery Project.

The 5 hectare site was originally surveyed in the 1860s as a 'water reserve' allowing farmers to walk their stock to the lake edge for watering. Over the years this Reserve was fenced off and planted with exotic *Acacia* species which effectively blocked public access. Part of the current Reserve development has entailed the replacement of this *Acacia* with more than 40 species of local native plants to recreate the original vegetation of the area.

The public walking trail starts at the Reserve car park, 6 km along the Point Sturt Road. It consists of an easy 2 km return walk to the lake shore. Plant species are identified by signage and a brochure telling the history and flora of the site is available at the Reserve entrance.

Alan King



Rebekha Sharkie MP, Gloria Jones and Laurie Hepworth enjoy morning tea at the planting day



Nestled on the shores of a picturesque bay, surrounded by trees and abundant birdlife, Clayton Bay Riverside Holiday Park is a tranquil, relaxing tourist destination.

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- ◆ Retro onsite vans
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Contact Danny and Claire

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It seems like summer is here

The weather is perfect. Beautiful sunny days, flowering trees and plants, and crops and vines changing colour. But we have missed out on the winter and spring rains this year and therefore a timely reminder to not only plan but put into action the clearing and removal of long grasses, deadwood and other combustible matter around your property.

Fire Danger Season 2018-19

Reports to date are indicating a drier and longer summer and this will result in an extended fire season. So, help make this summer safe for our communities and get busy now around your property.

The Fire Danger Season for Murraylands will commence 1 November 2018. This is earlier than in previous years reflecting the dry conditions.

Preparing for the Fire Danger Season

So get busy now around your property and don't leave it too late. If you are planning to burn off green waste, don't forget to check Alexandrina Council website for rules and restrictions that may apply.

Also be aware of the wind strength and direction forecast. If it is going to be windy, then maybe consider rescheduling your burn off to another day.

Make sure the area around and above your burn location is clear of burnable matter to at least 4 metres.

Never leave a fire unattended, make sure you have water nearby and ensure you extinguish it completely.

Bushfire Survival Plan

Don't forget your Bushfire Survival Plan. If you don't have a bushfire survival plan, the CFS has a guide on how to create one on their website www.cfs.sa.gov.au.

Last Resort Refuge

You may have noticed the signs on Clayton Bay foreshore indicating Last Resort Refuge. In the event of a bushfire, it means that this location

has been identified as a place where survival chances are increased. This location provides only limited protection during bushfire.

A Last Resort Refuge is not designed to replace a personal Bushfire Survival Plan.

You should complete and practise your Bushfire Survival Plan to ensure that you and your family are prepared and know what to do in the event of a bushfire.

Have you ever thought about joining the CFS?

Clayton CFS is recruiting now for the coming season, so if you have been thinking about joining Clayton CFS, then now is a good time. As a CFS Volunteer, you will be working side by side with other volunteers in times of emergency.

Clayton CFS is dependent on local community members to give some of their time to help make our community a safer place to live in. Volunteering is very rewarding and you get to enjoy the support of the rest of your community for your efforts. So, why not be part of a team that really makes a difference.

Training has been ramping up in preparation for the fire season. So if you live in the areas of Clayton Bay, Point Sturt and Finniss, available at times during the weekday or weekend and have a good level of fitness, why not consider joining our team of volunteers.

If you would like to know more about becoming a Fire Fighter, then give Lynne Dickson a call on 0447 767 980 and have a chat.

Jeremiah Doecke
Captain
Clayton CFS



Membership Lucky Draw

Next draw \$100
At the Calendar Launch
At Sails on 3 November 2018
BE THERE TO WIN!



South Australian Wooden Boat Festival

It's just eight months away!
The 16th biennial festival will be held on 27 and 28 April 2019 in the Goolwa Wharf Precinct.
The festival is a mix of on-and-off water activities, local food and wine and stunning wooden boats.

If you are interested in helping make this event a success consider becoming a volunteer. For more information contact Alexandrina's Council Support Officer on 8555 7000.

Remember to mark these dates on you calendar!

Chronicle Deadline

Have you got a story to tell about living in Clayton Bay or something to share with other Claytonians?

Next issue is due out in Summer 2018

All articles for this edition need to be in by the end of early January.

These can be emailed to
rargue@optusnet.com.au

or passed onto one of the CBCA committee members.

New Advertisers welcome.

Snake safety

If you see a snake outdoors — leave it alone. Snakes are generally shy and will not attack unless provoked, so it's best to leave them be. Watch where it goes. If it's heading for the bush or an open paddock you probably won't see it again. If it disappears into a shed or under a vehicle, then you may need to call a snake catcher.

If you see a snake inside your home — get all people and pets out of the room immediately. Shut the door and fill the gap underneath with a towel, then call a professional snake catcher for assistance.

To avoid snake bite

- Never try to catch or kill a snake yourself. This is when most bites happen.
- Even little snakes can be dangerous. Baby brown snakes have venom from the time they hatch.
- Stick to the trails in national parks and reserves, and make a bit of noise when you walk.
- Keep your yard clear of long grass and rubbish so snakes have nowhere to hide.
- Rats and mice are a snake's smorgasbord, so clean up after the chooks and control rodents on your property.

If you are bitten

- Always assume the snake is venomous.
- Sit quietly, to reduce the speed that the venom moves around your body.
- Call an ambulance.
- If you have a first aid kit, wrap a compression bandage tightly around the bitten limb, starting just above the fingers or toes and moving upwards on the bitten limb as far as can be reached.
- Remember what the snake looked like so you can tell the doctor.

Remember snakes are protected native animals and it is illegal to kill them unless there is a direct threat to human life.

For more information go to
www.environment.sa.gov.au

Snakes are back!

It's snake season again. We've had a few reports of tiger snakes this season on the move already.

Tiger snakes and red bellied black snakes don't like it too hot, so you'll see them out and about when temperatures are above 16°C.

Most of the time, all 3 of the venomous snakes around Clayton Bay, which also includes the common brown snake, prefer intermittent clouds and sunlight or full cloudy warm days.

When temperatures exceed 25°C, snake activity declines. A good rule of thumb is to place your hand on the ground. If it's uncomfortably warm, it's too hot for snakes. They have to crawl around on their bellies so whilst they like warmth, they don't like the extreme heat.

Dogs and cats

We all avoid snakes because we don't want to be bitten but often we forget about our pets. Both dogs and cats have strong hunting instincts, so they'll seek out snakes and try and kill or catch them.



Common brown snake

This can end up in tears because many dogs and cats get bitten by snakes. Over 700 dogs and cats are taken to vets each year in Australia as a result of snake bite. Whilst antivenoms are available, there's no guarantee of survival and a significant number of dogs and cats succumb despite being given antivenom.

The problem with cats and dogs is they are not always discovered soon after the bite and considerable time can elapse before they are taken to the vet. This places them at a disadvantage because the venoms can cause irreversible damage* to the nerve endings resulting in the need for long hospitalisation whilst the body repairs the damage. Sometimes they don't make it.

It's always better to avoid bites in the first place. When walking your dog, or your cat, always have them on a lead so you can control them in the case of a snake encounter. Some of

the walking trails around Clayton Bay cut through good snake habitat. Anywhere near water will be good habitat for tiger snakes and red bellied black snakes. One of the hot spots for snakes is the walking trail through Dunn's Lagoon and Ducks Hospital.

On your property, installation of snake-proof dog or cat runs is an excellent way to protect them from snakes. These are commercially available, or you can easily make your own. They can save you a big vet bill, which can run into thousands of dollars with no guarantee of success.

Snakes and the environment

Having said all that, snakes are good for the environment and they play an important role in controlling native and exotic species on which

they feed. Around your home, they work for you. They will control pest rodents. They are the best unpaid pest exterminators you can get. They also pose little risk to you as they

become accustomed to humans and will be less stressed when approached. If you are responsible pet owner, you'll take the measures mentioned above to protect them against snake encounters.

Snake bite

If your pet is bitten by a snake, do not delay taking them to a vet. Obviously if you are bitten, apply first aid and ring an ambulance or get someone to take you straight to the nearest hospital. If you can get someone to pre-warn the hospital you are coming all the better. If an ambulance can meet you on the way that will initiate a higher level of care earlier. Even if you are unsure of an effective snake bite, get to a hospital as soon as possible. Do not waste time trying to kill the snake for identification. It's not necessary.

*refers to the problem of antivenom being ineffective in reversing some neurotoxins after they become bound to the nerve endings.

Peter Mirtschin

Birds in our area

Wattlebirds

It is that time of the year when you are woken with loud raucous birdcalls at dawn and bird warfare is well under way throughout the day in the trees and shrubs.

The main culprits are the large, aggressive Wattlebirds with the conspicuous yellow, black and white New Holland Honeyeater joining in.

Wattlebirds belong to the Honeyeater family and there are two species that frequent our area according to food availability. They both have long slender bodies with long graduated tails.

The larger and most common is the Red Wattlebird with the very distinctive red pendant wattles below the eye and a yellow belly.

The Little Wattlebird is smaller and noisier. It does not have any wattles and the plumage is a much darker brown/grey with white streaks and spots on the chest and belly. There is a chestnut wing patch visible in flight.

Both species swiftly swoop and chase smaller birds from a likely food source with a lot of bill clapping. Their loud, raucous territorial calls are made with their head thrust right back.

Hopefully summer time will be more peaceful when the breeding season is over and the Wattlebirds become local nomads seeking nectar, fruits and insects.

'Mozzie'

Oct 2018



Red Wattlebird. Photo by *Andreas Trepte*, www.photo-natur.net.

Did you know?

Bats in the belfry or in this case the umbrella

As I've said before, we've owned our property in Bayview Road for 13 years and I'm still surprised to discover new things.

Most recently it's been bats. Although I've been aware of microbats flying overhead at dusk, I would never have thought they'd call my place home, but they have.

How did we discover them? Hubby decided he was going to check the state of our garden umbrella on our deck. So he put it up and out fell what looked like mouse droppings. A few weeks later he put the umbrella up again and this time something furry fell out which he proceeded to sweep off the deck. He assumed it was a dead mouse but soon realised that a) it was alive and b) it wasn't a mouse but a microbat.

We retrieved the tiny creature (about the size of a mouse, but more rotund and with longer fur) and tried to put it back up into the folded umbrella, no mean feat in itself.

Because we want to use the umbrella regularly in the summer we figured it might be better to buy or make a bat box and put it in a nearby tree so the bats can have a home of their own. So hubby has made a bat box following the instructions here: ausbats.org.au/

Although I've tried finding what species they are, I'm at a loss, because it just looked like a grey/brown bundle of fur with small skin wings. If anyone can tell me what microbat species are common around here I'd been keen to know.

And I know that people are concerned by or scared of bats but they are no more scary or an issue than the echidnas or swamp hens that are around. It was a privilege to witness such a wild creature in our backyard. *Ed.*

PS The bat box was created and put in the tree, and bat relocated into it. A few weeks later bat box was empty :(and the bat back in the umbrella :(We're going to try to move it again.



CLAYTON BAY COMMUNITY ASSOCIATION Inc.

ABN 72 700 610 232

6 Alexandrina Drive Clayton Bay SA 5256

Mobile: 0448 453 202

www.claytonbay.org.au

Email: info@claytonbay.org.au

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Committee Member	Pene Jeffries	info@claytonbay.org.au
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Milang Association Representative	Pamela Francis	

WINE FUNDRAISER

Wine orders can be placed throughout the year.

Example of the wines available are:

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- Winery Road Sauvignon Blanc
- Steeple Jack Moscato
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Cost per Dozen is \$96.00—That's \$8.00 per bottle!

Orders can now be 6 bottles of 2 varieties!

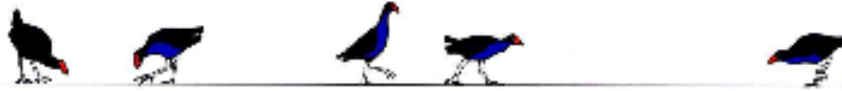
Your order will be delivered FREE to any Clayton Bay address



This is one way you can support the Clayton Bay Community Association's fundraising.

ORDER NOW

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CLAYTON BAY COMMUNITY ASSOCIATION Inc.
ABN 72 700 610 232

I / We would like to join the Clayton Bay Community Association Incorporated for the 2018/19 year.

Surname:	
Christian Names:	
Mailing Address:	
Clayton Bay Address:	
Email address:	
Home Phone:	Mobile:

MEMBERSHIP TYPE

Please circle	Please Tick
New or Renewal	<input type="checkbox"/> Single membership \$20 (1 vote – 2018/19)
	<input type="checkbox"/> Family Membership \$30 (2 votes – 2018/19)

Mode of Payment (Please tick applicable)

- Cash, received ____/____/____
- Cheque made out to the Clayton Bay Community Assoc. Inc.
- Electronic Funds Transfer - **Please note NEW EFT Details**

BSB 633-000 Account Number 159620970 (Bendigo Bank)

EFT Reference - your family name and initials, followed by:-

S (for single membership) or F (for family membership) and
N (for a new membership) or R (for a membership renewal)

Please email the treasurer on treasurer@claytonbay.org.au

The ABN Reference number for the Clayton Bay Community Association Inc is 72700610232.
The Clayton Bay Community Association is not registered for GST, no GST has been included in this invoice

Please tick

- I am interested in becoming a member of the Management Committee
- I am interested in organising events
- I am interested in helping with the community garden
- I am interested in helping with hall maintenance
- I am interested in helping with walking trail
- I am interested in providing general help and support
- Other eg Chronicle Editor; WHS; Policy writing; Catering etc

I / We agree to support the constitution of the Association.

Sign:

Date:

Clayton Bay Community Association Inc. 6 Alexandrina Drive Clayton Bay SA 5256
Mobile 0448 453 202 www.claytonbay.org.au or visit us on Facebook

Carp

can be delicious

When you go fishing around Clayton Bay you're most likely to catch a carp or three, and most people will tell you they're not worth eating.

However, some people like them and so I thought I'd share some tips and recipes over the next few editions. These recipes come via Cittaslow from the Lachlan CMA's 2012 competition, "If you can't beat 'em - eat 'em."

Tips

Out of the water and into the ice! The quicker you can stop the stress factor the quicker you can stop the histamine levels from rising. High histamine levels are the cause of Carp taking on a muddy taste.

How to fillet Carp

- Cut behind the gill plate by stabbing the fish through the scales then cut down from the top to the belly of the Carp.
- Put the knife in at the back of the shoulder of the Carp and run the knife right down the backbone of the fish. When you get behind the rib cage, poke the knife through and shave right down to the tail.
- Pick the fish up by the fillet, holding the fish up by the fillet and then shave the end of the knife over the rib cage. Shave right down to the belly and cut the fillet off at the belly flap.
- Once the fillet has been separated from the fish, the next step is to cut it up to get the nice pieces from the fish.
- Place the fillet, skin side down and starting from the tail, skin the Carp just like you would any other kind of fish.
- The most important part of the fillet is the piece that is over the rib cage. With the knife, cut down across the top of the rib cage and down the back of the belly. This the piece of fillet with no bones and you will use to cook.
- The red part of the leftover fillet contains the bloodline which is not edible due to the taste.



You'll find a video on how to catch, prepare and cook Carp here: www.youtube.com/user/LachlanCMA and search for Carp or check out our website at www.lachlan.cma.nsw.gov.au.

Baked Carp with crust nuts (serves 10)

Rohini Dwyer of Condobolin

Preparation time 15 mins

Cooking time 15 mins

Ingredients

½ cup pine nuts chopped

1 ¼ cups bread crumbs

1 cup black olives pitted and chopped

5 spring onions finely chopped

1 tsp dried tarragon

½ cup olive oil

salt to taste

juice of two lemons

¼ cup dry white wine

1 red onion sliced

10 Carp fillets – bones removed – skin on

500g baby spinach leaves

2 cups tomatoes peeled, seeded and diced

Method

1. Preheat oven to 220°C
2. Combine pine nuts and bread crumbs in a bowl
3. In a separate bowl combine olives, spring onions and tarragon
4. Stir in ⅓ cup of the olive oil to make a spreadable paste, season with salt to taste
5. Lightly oil a large baking dish with half the remaining olive oil
6. Spread one side of each Carp fillet with about 2 tsp of the olive paste and lightly press some of the bread crumb mixture on top
7. Place Carp crumb side up in baking dish and carefully pour lemon juice and wine around fillets
8. Bake for 6–10 minutes depending on the variety and thickness of the fish fillet
9. Heat remaining olive oil in a large frying pan and sauté onion until soft
10. Add spinach leaves and tomatoes and cook until spinach wilts
11. Season to taste and spoon vegetables onto a serving plate, top with fish and serve.

Sailing achievements

It's not surprising that in a place like Clayton Bay you would have members of the community who are keen sailors.

But some local sailors are not only keen but excel at what they do on the international stage.

Craig McPhee and Gill Berry live at Old Clayton and are members of the Clayton Bay Boat Club where they consistently win (but not in Tasars).

They recently became the 2018 Tasar UK National Champions. They completed their championship with a hat-trick of race wins to finish with a total of 6 wins from 8 races.

Last year they also competed in the 21st Tasar World Championship, held in Gamagori, three hours south of Tokyo Japan. That resulted in the "multi-Australian national champion Craig McPhee sailing with Gill Berry in sixth place".

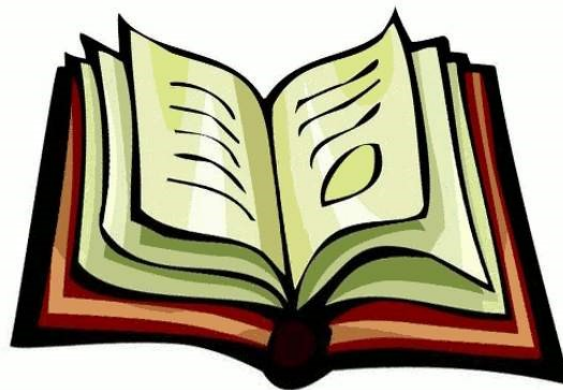


Traditionally Tasars have honoured their "older" sailors with perpetual trophies for combined age categories for over 80-Masters, over 100-Grand Masters and over 120-Super Grand Masters. Craig McPhee/Gill Berry (AUS) were awarded 2nd World Championship Grand Masters 2017.

And at the 45th Tasar National Championships in Darwin, 18-25 July 2018, they were in the top three contenders from race day 1 to 5 throughout the 10 heat event. However it was the twice ex-Tasar World Champions and NSW's father and daughter team of 21 yrs, Rob and Nicole Douglass who succeeded, picking up their 8th National Title in the class. In a match racing finish, RA Navy's/Canberra YC's and ex-Tasar World Champion veteran Rick Longbottom with Darryl Bentley earned their 2nd spot on the podium ahead of six-time Nationals Champions Craig McPhee & Gill Berry in 3rd. See p2 for pic.

Reprint of

The Hundred of Alexandrina *History now available*



This book takes a fascinating look at the history of the area which includes Clayton Bay and Point Sturt.

There is a description of the area from pre-European times, through its early European development and into the modern era.

The story is told through the art, photographs, newspaper articles, letters and voices of many of the pioneers of the district.

The book, which was the result of a collaboration between the Point Sturt Landcare group and Mr. Terry Sim, was launched in 2017 and sold out quickly.

Now the book is reprinted and for sale through the CBNEG or from Alan King for \$25 per copy.

Proceeds from the sale of the book will be used to continue the work of environmental recovery of our district.

Contact either Alan King aking@esc.net.au or the CBNEG claytonbayneg@gmail.com for purchase.

This could be your ad for \$25.00 per year!

	<p>Recycle your household batteries!</p> <p>There are now battery collection bins at Council offices in Victor Harbor, Goolwa, Strathalbyn and Yankalilla for alkaline, button, rechargeable and power tool batteries.</p> <p><i>For power tool batteries- please deposit only the battery</i></p>	
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Clayton Bay Rainfall



Hindmarsh
Island AWS

2017

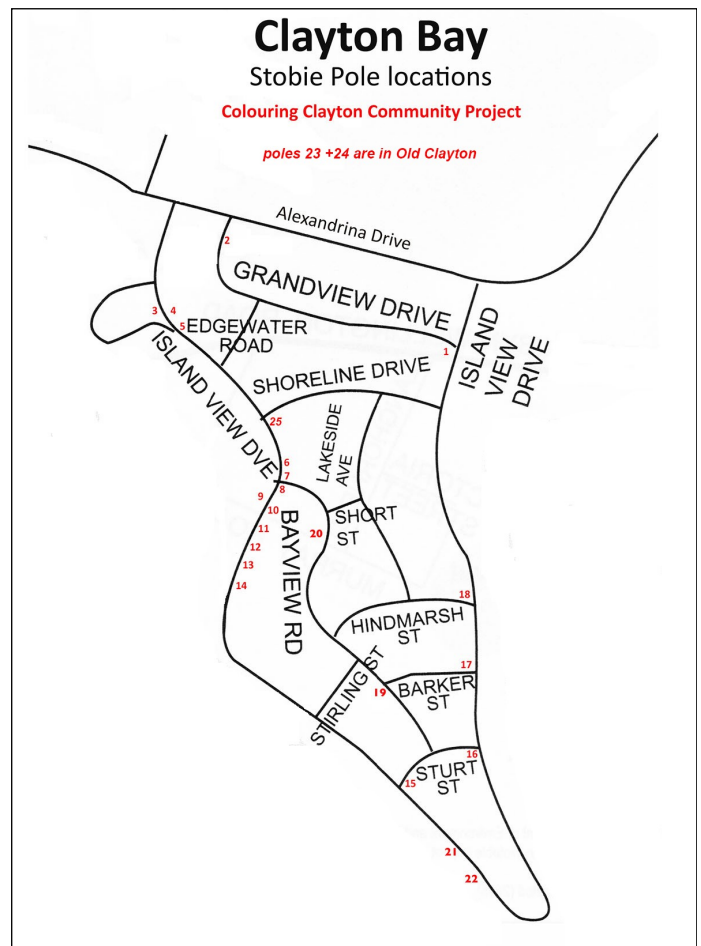
Nov	22.6
Dec	27.0

2018

Jan	7.4
Feb	8.6
Mar	6.4
April	12.0
May	53.0
Jun	27.2
Jul	44.0
Aug	48.2
Sept	18.6
Oct	10.6

Colouring Clayton

Stobie pole locations





Tech savvy courses

Strathalbyn Library is running free and fun tech savvy courses for seniors.

Register at the library at 1 Colman Terrace Strathalbyn or call 8555 7000.

For more detailed information visit www.alexandrina.sa.gov.au/libraries.

8 November 2-4pm or
21 November 10am-12noon

Windows 10

What does Windows 10 look like and how is it different from previous versions?

9 November 10am-12noon or
5 December 10am-12noon

Library Apps

Having everything library related on your smartphone or tablet is the way to make the most of your library service.

12 November 2-4pm

myGov

Find out about how access government services online with one login and one password. Access the ATO, Centrelink and Medicare all in one place.

14 November 10am-12noon

Online Banking

Learn about online banking so you can avoid the queue, check your balance, transfer money and pay bills when and where you like.

23 November 10am-12pm

Smartphones

Learn about different types of smartphones and what you can do on them.

26 November 2-4pm

iPads for Beginners

We will cover the basics of iPads and give you plenty of time to ask questions

28 November 10am-12noon

Sharing/Attaching Photos

Share photos and videos online instantly from anywhere.

What's new in Alexandrina?

The Goolwa Waste and Recycling Depot has recently undergone a major revamp and now sets the benchmark for environmentally efficient waste disposal and recycling services.

- Customer access has been simplified and
- There is an increased number of diversion options making recycling easier and more cost effective—meaning that you may end up with money in your pocket for participating in sensible recycling initiatives.

What can I recycle at the Depot?

Green waste, eWaste, mobile phones, X-ray films, fluorescent tubes and light bulbs, batteries, scrap metal and oil.

Electrical, furniture, building materials, white goods, garden equipment, toys, musical instruments, DVDs, CDs, books, clothing, hats, cushions, linen, curtains, bric-a-brac and more. 10c bottles, wine bottles and glass jars, plastic bottles, aluminium cans, steel cans, food tins, milk and juice cartons, egg cartons, paper, newspapers and magazines, cardboard, film plastic and scrap metal.

When is it open?

Monday – Friday 8.30am – 4.00pm
Saturday and Sunday 9.00am – 3.30pm

Where is it?

On Port Elliot Road, not far out of Goolwa.
For more info see www.frwa.com.au.

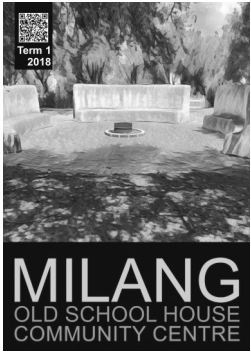
Recycling bottles and cans close to home

Did you know that you can recycle 10c deposit cans and bottles in Clayton Bay and assist the CBCA?

You can drop off bottles and cans behind the hall on Alexandrina Drive or drop them into the trailer near the Shelter Shed by the river.

This money benefits the community and the CBCA's programs.

MILANG OLD SCHOOL HOUSE COMMUNITY CENTRE



Milang Old School House Community Centre provides a range of activities and services for the community. Drop in today and find out what's on, or visit www.moshcc.com.au

Adult Community Education - Emergency Relief (by appointment)
- Internet access - Print, Photocopying & fax

Friday Feast: Lunch & Dessert for \$7 every Friday

Crèche

9 :30—12:30 Mon and Wed, during school term. Come and try something new while childcare is available. With limited places, bookings are essential - Call MOSHCC 08 8537 0687 Donations Gratefully Accepted

GLC Struggle with the cost of living? Life getting too much? Family Issues? Want to connect with others in social activities, or just want a chat? The Growing Life Connections Program provides support to families and individuals who are dealing with issues impacting their lives. Call Colleen 08 8537 0687



Milang & District Community Care provides low level support in the home for those who need a small amount of assistance to remain independent. Services like domestic assistance, gutter cleaning, social support in the home, supported shopping are just a few of the Commonwealth Government funded activities that we provide.

Lakes Home Care provide higher levels of support in the home to ensure that as your needs increase you can remain supported within your community. Services that you may access could be personal care support like shower assistance, assistance with preparing meals, cleaning, laundry, modifications like grab rails, clinical care - physio and podiatry, to name a few.



LAKES
HOME CARE
your community
your choice

Call the Community Care team for more information on how to access these services on 8537 0687, or telephone to make an appointment for more information.



Milang Lakeside Butter Factory

Become a mate, sponsor or patron of the Milang Lakeside Butter Factory as we raise funds for the restoration of this community icon. Volunteer on our work crew!

Visit www.madca.org.au/milangbutterfactory/ for more information. Follow us on Facebook and keep an eye out for upcoming events. www.facebook.com/lakesidebutterfactory

MILANG & DISTRICT COMMUNITY ASSOCIATION INC.



2019 'Just Add Water' Program

Pick up a program at the launch at 2pm Saturday 15 December at Signal Point Gallery Goolwa Wharf Precinct. The launch will coincide with the launch of two exhibition openings at the gallery.

Collect a program at the launch or at the council offices, local libraries or community centres. Also available online at www.alexandrina.sa.gov.au/jaw.

Santos Tour Down Under

The tour riders will pass through five Alexandrina townships in 2019.

Goolwa will host the start of the 34.5km Challenge Tour on Saturday 19 January. This is the shortest of four distances riders can choose from in the Challenge. All Challenge riders will finish in Strathalbyn.

When all the Challenge participants are relaxing after the race, the professionals will take to the road for second to last day of the Tour.

They will start in Glenelg before heading through Sellicks Hill, Myponga, Yankalilla, Inman Valley and Victor Harbour. Then it's through Chiton, Port Elliot, Middleton, Goolwa and finishing up in Strathalbyn.

Come and ride or just ring your bell in support of this great community event.

More information here:
www.tourdownunder.com.au.



Bug Count

If computers and bikes aren't your thing then maybe bugs are. Volunteers are needed for the Angas Finnis Waterbug Bioblitz.

Join the SAMDB Natural Resources and work alongside macro-invertebrate ecologists and develop skills in waterbug collection techniques, identification, habitat data collection and use of photo points.

Help collect data to provide a baseline from which catchment health can be monitored to detect future change.

When: Friday 9 November 2018, 9am - 4pm (part day participation is possible).

Where: 6 Catherine Street, Strathalbyn and sites across the catchment

Cost: Free, lunch included

To RSVP and for more information contact Katie Irvine katie.irvine@sa.gov.au or 8391 7500.

Not so much a bug as a reptile

So we found this little fella (about the size of a 50 cent piece) on the Gum Boot Trail a few weeks ago. We moved him from the middle of the path closer to the water and hope he survived. I'm assuming it is an Eastern Long-necked turtle.





AGM
19 August



October Walk'n'Talkers, revisiting the first, 12 months before

SALA



Mayor Keith Parkes and Marg Mundy and some of the creations at the Clayton Bay SALA exhibition, 18 August 2018



The Shelter Shed - Enhancing our Public Places Project was formally opened on 8 September 2018



And would you believe it! More mosaics—this time at the front of Sails